

# ALL INDIA BANK RETIREES' FEDERATION (REGD.)

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**SILVER JUBILEE YEAR (1994-2019)**

Ref. 2020/089

21.03.2020

The Office Bearers/ Central Committee Members/ State Committee Chiefs  
A.I.B.R.F

Dear Comrades,

## **Re: CORONAVIRUS EPIDAMIC**

As all of you know Coronavirus disease is playing havoc globally. It is the worst epidemic the human race has witnessed on this planet so far. It is highly infectious disease and character of fast transmission from one human being to another. One affected person has potential danger of transmitting it to lakhs of people within short period if not controlled and checked through process of isolation and other measures.

2. In India, it is in the second stage and has potential to reach in third and subsequent stages incoming days if strict preventive measures are not taken. Government of India/ State Governments have announced several preventive measures like observing Janta Curfew on 22.3.2020, cancellation of types of events, cancellation of flights,, trains, bus services, lockdown in venerable cities etc.

3. AIBRF is organisation of senior citizens. Senior Citizens are the most venerable group to this epidemic. Among Senior citizens also, those who are suffering from Cardiovascular, Respiratory conditions, Diabetes etc. are most venerable and are required to be most careful. Therefore, We are supposed to take extra preventive care to fight with this disease successfully.

4. We suggest our members to follow the following steps to fight out this deadly disease.

- (a) All government advisory like social distancing, isolation etc. should be followed in letter and spirit.**
- (b) Be SUPPORTIVE, PREPARED, SAFE, KIND, ALERT, CAREFUL AND INFORMED.**
- (c) Visit WHO, Government web sites periodically to get correct and authenticated news.**
- (d) Do not give any credence to the rumors spread in social media.**
- (e) Inform the authorities if any suspected case is noticed immediately**

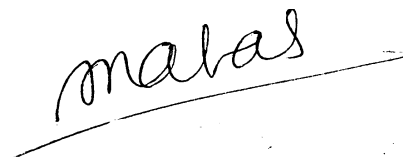
- (f) Please collect information on medical facilities available in your area for emergency
- (g) Postpone surgery/ operations which are not of urgent nature for some time.
- (h) Help in identifying public places like community hall / schools etc. in the area which can be used for converting them in to emergency wards in case of need and inform to the authorities
- (i) Keep your health cards under health insurance at one place and inform the family members about its location.
- (j) Keep sufficient cash in the house say for one month essential expenses
- (k) Keep stock of grocery and vegetables for 10/15 days.
- (l) Use the isolation/ social distancing period for positive and constructive and useful manner like meditation, listening spiritual messages, Prayers, Listening music, seeing films on internet , reading books etc. Prepare 24 hours' time table and observe it.
- (m) As far as possible online payment should be made with minimum use of cash.
- (n) The retirees who have invested in stock markets/ mutual funds are witnessing unparalleled massive destruction/ erosion in the value. Please do not loose heart. Be clam. Values are likely to bounce back when normal economic activities resume in India and globally. However one should be extra careful in committing new investment as nobody knows how long this crisis will continue and what are the lower levels of the stock markets/ equity.
- (o) Several fiscal/monetary and other concessions are expected to be taken by the government to provide much needed relief to common man to fight out the epidemic effectively, but it is not time to demand anything at this stage but to support the government measures.

4. We wish all the best to you and pray to the GOD for your good and robust health and give enough courage and motivation to fight out the epidemic successfully. We are confident the country will bounce back very soon. Kindly circulate this communication among maximum number of members.

5. In coming days AIBRF Central Office may be functioning partially. Kindly bear with us.

With Warm Greetings,

Yours Sincerely,



(S.C.JAIN)  
GENERAL SECRETARY